

Northern Highlights

We're on the Web!
www.accessnorth.net

Center For Independent Living of NE MN
Spring 2008



Contact Your Legislators

It is important to let our legislators know how we feel. This enables them to better represent their constituents (us). You can contact them personally, by telephone, fax, a letter or you can e-mail them. YOU CAN MAKE A DIFFERENCE! People with disabilities represent approximately 25% of our voting population!

Our Minnesota Representatives - <http://www.house.leg.state.mn.us/>

Irv Anderson (DFL) 03A 321 State Office Building, Saint Paul, Minnesota 55155

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Our Minnesota Senators - <http://www.senate.leg.state.mn.us/>

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Mary Olson (DFL) District 04

Contact your U.S. legislators on U.S. Issues

Senator Amy Klobuchar

Senator Norm Coleman (202) 224-5641 - <http://coleman.senate.gov/>

Representative Jim Oberstar - <http://www.oberstar.house.gov/>





Introducing the Newest Members of the CILNM Team



For a list of activities and groups in your area, contact your local CILNM Office.

Range Area Groups:

- Multiple Sclerosis Support
- Functional Fitness for Older Adults
- Coffee / Crafts Group
- Fibromyalgia and Chronic Pain Support Group
- Vision Loss Support Group

Duluth Area Groups:

- Game of Life (Ages 14-22)
- Kids Group (Ages 10-13)
- Computer Basics
- DTA Bus Training
- Chronic Fatigue & Fibromyalgia For Women Only
- TBI Group
- Vision Loss Support Group For Women Only

Aitkin Area Groups:

- Hope for the Future
- MS Support Group
- Men's Group

If you have any needs and/or ideas for a support group, please contact the CILNM Office closest to you and ask them for assistance in setting them up!

Duluth Office Has Moved!

In December the Duluth office moved to a new location at 118 E. Superior St, Duluth, MN 55802
Phone numbers and the email address to reach them by are the same.

Our Offices

Hibbing

2104 6th Ave. E.
Hibbing, MN 55746
Phone/TTY (218)262-6675
(800)390-3681
FAX (218)262-6677

Branch Offices

Duluth

118 E. Superior St.
Duluth, MN 55802
Phone/TTY (218) 625-1400
(888)625-1401
FAX (218)625-1401

Aitkin

210 2nd St. NW
Aitkin, MN 56431
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(800)390-3681
FAX (218)927-3749

Brainerd

17025 Commercial Park Dr,
Suite 2
Phone/Fax (218)829-9567
Coleraine
308 Roosevelt Ave, Box 520
Coleraine, MN 55722
Phone/Fax (218)245-0211

Satellite Offices

Cloquet

(218) 879-0375

International Falls

(218) 286-3134

Pine City

(320)629-8179

Walker

(218)547-3036

Two Harbors

(218)384-6461

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Center For Independent Living of NE MN

Serving people with disabilities in the
Minnesota counties of

St. Louis
Lake
Cook
Koochiching
Itasca
Aitkin
Carlton
Pine
Cass
Crow Wing

This publication is available in
alternate formats upon request.

OUR MISSION:

**To assist individuals with disabilities to
live independently, pursue meaningful
goals, and have the same opportunities
and choices as all persons.**

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