

# AccessNorth

Center for Independent Living of Northeastern Minnesota

Newsletter

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Assisting individuals with disabilities to live independently, pursue meaningful goals, and have the same opportunities and choices as all people.

## The End of Summer

With summer winding down, we can look forward to cooler temperatures, school starting, fall colors and many exciting things going on at Access North. We plan to move to our new office space during September and will have an Open House in October. The date will be announced in a couple of weeks.



We hope you find this month's newsletter informational and helpful. For more information about Access North and for up-to-date group and event information, please view our website - [www.accessnorth.net](http://www.accessnorth.net) - or follow us on our [Facebook](#) page.

**Roberta Cich**  
Executive Director

## AT Corner - Having trouble hearing your TV?



### Sennheiser RF Stereo 840S TV Listening System

*Perfect for hearing aid wearers.*

This system is easily connected to a TV, hi-fi system or radio, produces excellent sound, delivered directly to your ears.

The sound is transmitted from the receiver to the hearing aid wirelessly over the induction loop included. You can also connect headphones to the lightweight clip-on receiver. Transmits even through walls. This device is available in our Assistive Technology lending library. Call 800-390-3681 for more information.



## TBI Picnic a Huge Success!

### Over 50 People Attend

*A Fun Day at Longyear Park in Coleraine*

The Grand Rapids Traumatic Brain Injury Support Group recently held a picnic for people who have a disability and their families to come together. Over 50 people attended, many hot dogs were eaten and a lot of fun was had by all! We would like to thank the following contributors and helpers for making this picnic such a success ...



TBI Support Group Coordinator Wayne Stoltz speaks to the crowd.



Ron's Mini Storage, Hi-Style, Eagles, Moose Club, McDonalds, Wal-Mart, Ogle's, Samson & Deliahs, D & D Construction, Sammi Jo Stoltz, Balsam Store, Old Dutch, the three cooks and everyone who attended the meeting!

## Recipe of the Month

### Savory Grilled Corn

*Just in time for your Labor Day Cookout!*



- 1/2 cup mayonnaise
- 2 garlic cloves, minced
- 1/2 teaspoon dried minced onion
- 1/2 teaspoon dried parsley flakes
- 1/2 teaspoon paprika
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 4 medium ears sweet corn, silk and husks removed
- 1/4 cup grated Parmesan cheese

In a small bowl, combine the first seven ingredients. Spread over corn; sprinkle with Parmesan cheese. Wrap each ear of corn in heavy-duty foil. Grill, covered, over medium heat for 30-35 minutes or until corn is tender, turning occasionally.



### - AccessNorth Services -

Advocacy - Information & Referral - PCA Choice Program - Employment Services - Assistive Technology  
Independent Living Skills - Peer/Group Support - Transition Services - Ramp Project  
Veteran's Services - Nursing Home Relocation - Consumer Directed Community Supports

Find out more at [www.accessnorth.net](http://www.accessnorth.net)

## Expanding Horizons takes Mesabi Trail Tour

On Saturday, August 4th, Expanding Horizons took their maiden voyage on the Mesabi Trail on the Iron Range from Mt. Iron to Duluth. It was a great turnout and a beautiful day. For more information on Expanding Horizons Program, please visit their [website](#).

## 2012 Annual Consumer Satisfaction Survey

In an effort to improve our services to people with disabilities, we are conducting a Consumer Satisfaction Survey. Please take a moment to give us your ideas and opinions so that we may better serve you by completing this brief [Survey](#).

Check out our latest news on



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